

# Gift Voucher

Reiki

## One Hour Reiki Treatment

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To: .....

From:.....

A Reiki treatment is wonderfully relaxing.

Reiki eases tension in the mind, relaxes the muscles in your body, calms the nervous system and harmonises your energetic system.

Reiki is a gentle noninvasive modality that reconnects your body with its innate sense of wellbeing. It is grounded in traditional Japanese energetic principals.

Reiki works at all levels of mind, body and spirit and is complimentary to all medical treatments. Treatments are hands on, yet non intrusive. You relax on a massage table, where you remain fully clothed. No massage is involved.

Call Vicki on 9973 1720  
to make an appointment



Expiry Date:  
Voucher No:  
Authorised by:

Clinic Details:  
Newport: 9/355 Barrenjoey Road.  
Avalon: Trappers Way  
Email: [bookings@energyinfocus.com.au](mailto:bookings@energyinfocus.com.au)